

STUDENT SURVEY

Grit

Response scale (5): Never –Rarely —Sometimes —Often — Always

During the past month....

1. I finished whatever I started.
2. I stuck with a project or activity for more than a few weeks.
3. I tried very hard even though I failed.
4. I stayed committed to my goals, even if they took a long time to complete.
5. I kept working hard even if I felt like quitting.

Fear of public speaking

Visualize your last few public speaking experiences and think about the thoughts you had while you were speaking. Read each statement and indicate how often you had that thought while speaking in public.

(0)Never- (1)Sometimes - (2)About half the time - (3) Most times - (4) Always

6. I feel anxious giving this speech.
7. I am starting to feel uneasy.
8. I look comfortable giving this speech.
9. I am scared of this entire situation.
10. I am confident with my performance.
11. The audience can see that I am anxious.
12. My body feels really hot.
13. I am doing well with the speech.
14. I am calm while standing in front of this audience.
15. I am trembling standing up here
16. I am panicking; I want to get out of here.
17. I am uncomfortable giving this speech.
18. I look confident to the audience.

Behavioral Engagement

- 1- Not at all true for me
- 2- Somewhat true for me
- 3- Mostly true for me
- 4- Very true for me

Please rate how each statement describes you.

19. I try hard to do well in school.
20. In class, I work as hard as I can.
21. When I'm in class, I participate in class discussions.
22. I pay attention in class.
23. When I'm in class, I listen very carefully.

Emotional Engagement

24. When I'm in class, I feel good.
25. When we work on something in class, I feel interested.
26. Class is fun
27. I enjoy learning new things in class.
28. When we work on something in class, I get involved.

Behavioral Disaffection

29. When I'm in class, I just act like I'm working.
30. I don't try very hard at school.
31. In class, I do just enough to get by.
32. When I'm in class, I think about other things.
33. When I'm in class, my mind wanders.

Emotional Disaffection

34. When we work on something in class, I feel bored.
 - a. When I'm doing work in class, I feel bored.
 - b. When my teacher first explains new material, I feel bored.
35. When I'm in class, I feel worried.
 - a. When we start something new in class, I feel nervous.
 - b. When I get stuck on a problem, I feel worried.
36. When we work on something in class, I feel discouraged.
37. Class is not all that fun for me.
38. When I'm in class, I feel bad.
 - a. When I'm working on my classwork, I feel mad.
 - b. When I get stuck on a problem, it really bothers me.
 - c. When I can't answer a question, I feel frustrated.

Social Intelligence

Please rate how much each statement describes you.

Response Scale (5):

- 1- Not at all like me
- 2- Not much like me
- 3- Somewhat like me
- 4- Quite a lot like me

5- Just like me

39. Before criticizing somebody, I try to imagine how I would feel if I were in their place.
40. When I am upset at someone, I usually try to “put myself in their shoes” for a while.
41. I sometimes try to understand my friends better by imagining how things look from their perspective.
42. I often feel concerned for people who are less fortunate than me.
43. I often feel sorry for other people who are having problems.
44. When I see someone being taken advantage of, I feel kind of protective towards them.
45. Other people’s suffering bothers me a lot.
46. When I see someone being treated unfairly, I feel really sorry for them.

Earlier, you answered questions about your own behavior. Now, we want to know how you think your teachers would rate you.

Response scale (5): Never – Rarely – Sometimes – Often – Always

47. In the past month, how often would your teacher say you had self-control when you did work:

For example, self control while working looks like this:

- You came to class prepared.
- You followed directions.
- You got to work right away instead of waiting around until the last minute.
- You paid attention, even when there were distractions.
- You stayed focused when doing independent work.

48. In the past month, how often would your teacher say you had self-control when working with other people:

For example, self control while working with others looks like this:

- You stayed calm even when others bothered or criticized you.
- You allowed others to speak without interruption.
- You were polite to classmates.
- You controlled your temper.
- You behaved well even when you were upset.

TEACHER RATINGS FOR STUDENTS

each teacher would rate each student on 4 character strengths, such that you'll get one number for each strength for each student from how ever many teachers you ask to help you rate

Please rate [CHILD NAME] on the following 4 character strengths:

DURING THE PAST MONTH...

Actively Open-Minded Thinking

- paid attention to new possibilities
- listened to people who disagree with them
- when others disagreed with them, tried to understand why
- was willing to change their mind, given a good enough argument

Grit

- Finished whatever s/he began
- Stuck with a project or activity for more than a few weeks
- Tried very hard even after experiencing failure
- Stayed committed to goals
- Kept working hard even when s/he felt like quitting

Social Intelligence

- Was able to find solutions during conflicts with others
- Showed that s/he cared about the feelings of others
- Adapted to different social situations

Zest

- Actively participated
- Showed enthusiasm
- Approached new situations with excitement and energy